

A thought on childhood

"Do you know what it is to be a child?

It is to have a spirit yet streaming from the

Waters of baptism,

It is to believe in love ,

To believe in loveliness

To believe in belief;

It is to be so little that elves

Can reach up to whisper in your ear,

It is to turn pumpkins into coaches,

And mice into horses,

Lowness into loftiness,

And nothing into everything,

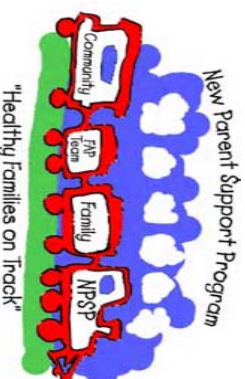
For each child has its fairy godmother

In its soul. "

—Shelley



*A hundred years from now
It will not matter
What your bank account was,
Or the kind of car you drove...
But the world may be different
Because you were important
In the life of a child*



(New) Parent Support Program
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Phone: 530-634-0626
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(NEW) PARENT SUPPORT PROGRAM

....is Free,

Voluntary, and

Flexible!

*Getting support early is a
personal strength!*

Tel: 530 634-0626

What Is The (New) Parent Support Program?

The (New) Parent Support Program (NPSp) offers support, referral services, education and information on a variety of subjects important to your family.

We can provide information on:

- Pregnancy
- Fatherhood
- Newborn Care
- Mother/Baby Care
- Growth and Development
- Breastfeeding Resources
- Parenting

And Much More!

Also...

- Receive free books, tapes, or CD's!
- Check out our video/book lending library!

Is This Program For Me?

The (New) Parent Support Program is for active duty military members and their family members who:

- Are expecting a child
- Have a child under three years of age



Did you know that the first 3 years of a child's life are the most important for developing a healthy self-esteem and intellect?

How Can (N)PSP Meet The Needs Of My Family?

Services are individualized for each family and are provided in a variety of settings. We can visit with you in your home or office, over the phone, in the hospital or through the many classes offered on base.

Our main goal is to make the early years of parenting as rewarding as possible. We can assist with problem solving.

Services Available

- Home or Office Visits with a nurse or social worker
- Boot Camp For New Dads
- Couples Communication Class
- Weekly playgroups for parents and children
- Various community resources/classes

Becoming a parent is one of the most challenging roles you will ever have. In fact, it may be the toughest job you will ever love!

Where Do I Sign Up?

Call us to schedule an appointment to enroll in (N)PSP. Once you are enrolled we can provide services as you need them.

Call Anytime!

Phone: 530-634-0626
Fax: 530-634-0670